



Prescription deliveries by cargo bike for Angel Hill Surgery patients

November 2025

Introduction

The dispensary at Angel Hill Surgery serves patients living more than a mile from a pharmacy. The dispensary has used EcoCarriers BSE since December 2022 to deliver prescriptions where required to eligible patients. From December 2025, all dispensary patients will be able to arrange delivery of their prescription by EcoCarriers.

Deliveries by EcoCarriers BSE

EcoCarriers BSE is not-for-profit social enterprise that promotes sustainable transport. We operate a zero emission cargobike delivery service, Shopmobility, cycle to school Bike Train, and the Community PedalCab Service.

The map shows our standard delivery zones 1 (Bury St Edmunds) and 2 (villages immediately surrounding the town), and then an outer ring that encompasses the dispensary's catchment area - zone 3.

Prices vary according to which zone we are delivering to, as follows:

- Zone 1 - £3.50 per delivery - anywhere within zone 1, Monday to Friday
- Zone 2 - £6 per delivery - anywhere within zone 2, Monday to Friday
- Zone 3 - £6 per delivery - on one set day a week, see map, or £10 on any other weekday.

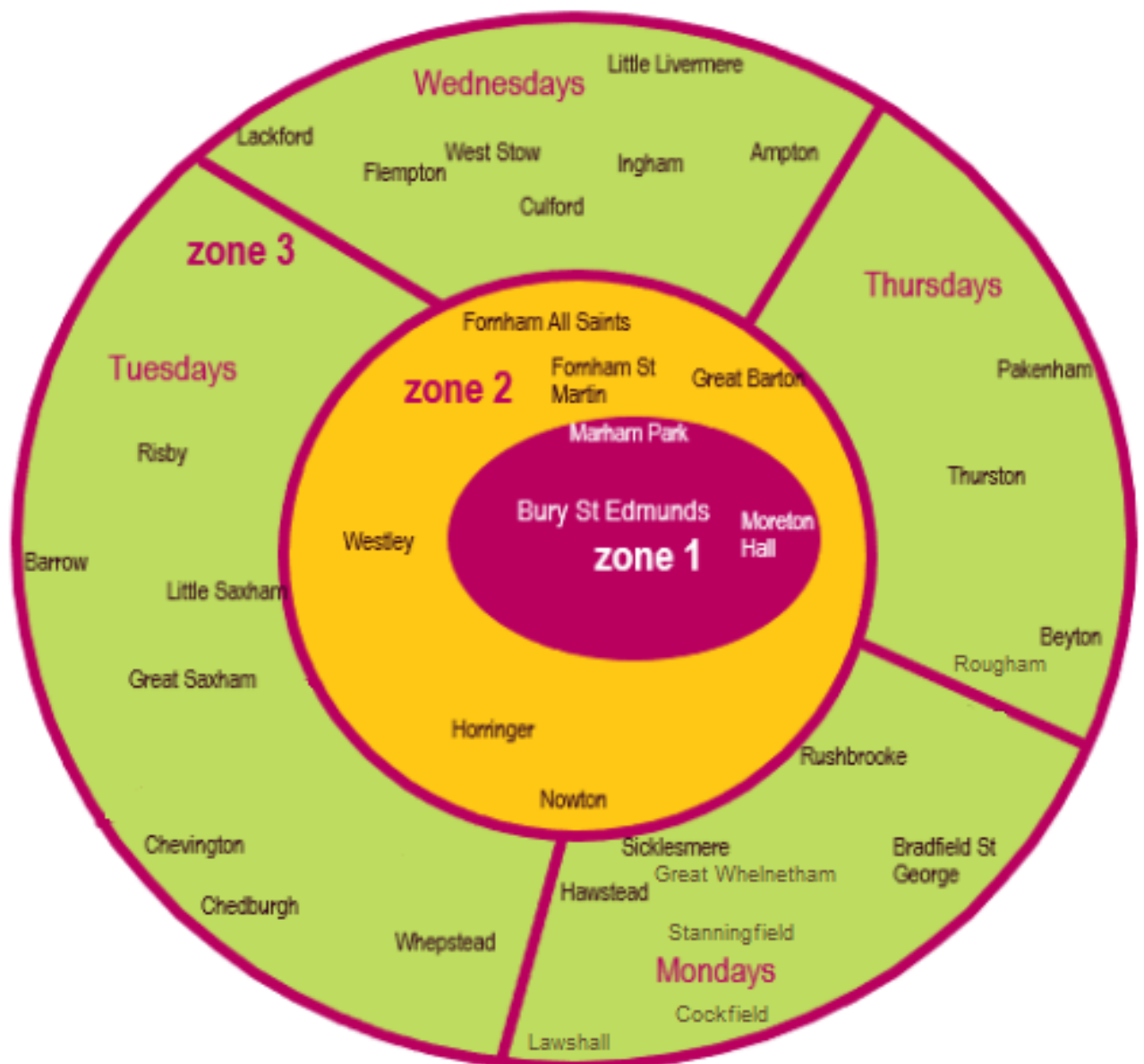
See Appendix for a list of places and the corresponding rate/day of delivery.

EcoCarriers will deliver the next day when ordered before 4pm (provided the item will be ready for collection from the dispensary by 9am on the day of delivery). Patients



contact EcoCarriers directly (by phone, email, WhatsApp) to order their delivery, and pay our rider on delivery - by cash, card, online or over the phone. Our riders are DBS checked and trained in Safeguarding.

To order a delivery, contact:	
phone	01284 413441
WhatsApp	07902 477833
email	ecocarriersbse@gmail.com



Patients may also be interested in these EcoCarriers services

Community PedalCab Service

Transport by pedicab (bike taxi) to the surgery, West Suffolk Hospital and other appointments from anywhere in Bury St Edmunds. This service is currently free (although donations are welcome). Book at least 24h in advance by phone 01284 413441, text 07902 477833, or email ecocarriersbse@gmail.com



ShopMobility



Shopmobility allows people to book an electric wheelchair or mobility scooter to support them in being able to get out and enjoy the town shops, cafes, restaurants, market and other attractions.

In Bury St Edmunds the Shopmobility scheme is operated by EcoCarriers on behalf of West Suffolk Council. It costs just £2.50 for members of the scheme to hire a scooter for the day from the Apex or bus station (it costs £10 a year for membership); or £5 for non-members. For an

additional £5, the scooter can be delivered to the hirer's home, anywhere in Bury St Edmunds.

Book at least 24h in advance by phone 01284 413441, text 07902 477833, or email ecocarriersbse@gmail.com

Shop&Drop

Shop at participating stores in Bury St Edmunds (including Marks & Spencer), and EcoCarriers will deliver your shopping home by cargobike for £3.50 anywhere in the town, or £6 to the surrounding villages (see map above - Zone 2). Order by 2pm for same day delivery. Phone for details 01284 413441.



Appendix: delivery zones, prices and days, by village

Place	Delivery zone	Price	Delivery day
Ampton	Zone 3	£6.00	Weds
Barrow	Zone 3	£6.00	Tuesday
Beyton	Zone 3	£6.00	Thursday
Blackthorpe	Zone 3	£6.00	Monday
Bradfield St Clare	Zone 3	£6.00	Monday
Bradfield St George	Zone 3	£6.00	Monday
Bury St Edmunds	Zone 1	£3.50	Mon-Fri
Bush Green	Zone 3	£6.00	Monday
Cattishall	Zone 2	£6.00	Mon-Fri
Chedburgh	Zone 3	£6.00	Tuesday
Chevington	Zone 3	£6.00	Tuesday
Cockfield	Zone 3	£6.00	Monday
Culford	Zone 3	£6.00	Weds
Flempton	Zone 3	£6.00	Weds
Fornham All Saints	Zone 2	£6.00	Mon-Fri
Fornham St Martin	Zone 2	£6.00	Mon-Fri
Great Barton	Zone 2	£6.00	Mon-Sat
Great Green	Zone 3	£6.00	Monday
Great Saxham	Zone 3	£6.00	Tuesday
Great Welnetham	Zone 3	£6.00	Monday
Hanningfield Green	Zone 3	£6.00	Monday
Harrow Green	Zone 3	£6.00	Monday
Hawstead	Zone 3	£6.00	Mon & Fri
Hessett	Zone 3	£6.00	Thursday
Horringer	Zone 2	£6.00	Mon-Fri
Horringer Estate, BSE	Zone 1	£3.50	Mon-Fri
Howard Estate, BSE	Zone 1	£3.50	Mon-Fri
Ingham	Zone 3	£6.00	Weds
Lackford	Zone 3	£6.00	Weds
Lawshall	Zone 3	£6.00	Monday
Lawshall Green	Zone 3	£6.00	Monday
Little Saxham	Zone 3	£6.00	Tuesday
Little Whelnetham	Zone 3	£6.00	Monday



Low Green	Zone 2	£6.00	Mon-Fri
Marham Park, BSE	Zone 1	£3.50	Mon-Fri
Melon Green	Zone 3	£6.00	Tuesday
Mickley Green	Zone 3	£6.00	Tuesday
Mildenhall Road Estate, BSE	Zone 1	£3.50	Mon-Fri
Moreton Hall	Zone 1	£3.50	Mon-Fri
Nowton	Zone 2	£6.00	Mon-Fri
Nowton Estate, BSE	Zone 1	£3.50	Mon-Fri
Pakenham	Zone 3	£6.00	Thursday
Pinford End	Zone 3	£6.00	Mon & Fri
Priors Estate, BSE	Zone 1	£2.00	Mon-Fri
Risby	Zone 3	£6.00	Tuesday
Rougham	Zone 3	£6.00	Monday
Rushbrooke	Zone 3	£6.00	Monday
Sicklesmere	Zone 3	£6.00	Monday
Stanningfield	Zone 3	£6.00	Monday
Thurston	Zone 3	£6.00	Thursday
Timworth	Zone 3	£6.00	Weds
West Stow	Zone 3	£6.00	Weds
Westley	Zone 2	£6.00	Mon-Fri
Westley Estate, BSE	Zone 1	£3.50	Mon-Fri
Whepstead	Zone 3	£6.00	Tuesday
Windsor Green	Zone 3	£6.00	Monday
Wordwell	Zone 3	£6.00	Weds

